Chigra Panel — lista laboratorijskih parametara

33 parametra · nalazi ne stariji od mesec dana

Ovu listu možete odneti u bilo koju laboratoriju. Klijenti Chigra Bio-a imaju 10% popusta u partnerskoj laboratoriji DiaLab. Cena analiza nije uključena u cenu paketa i plaća se laboratoriji.

Ime i prezime: _____ Datum: _____

GLIKOREGULACIJA 4

- ☐ Glukoza
- ☐ HbA1c
- ☐ Insulin
- ☐ HOMA indeks

LIPIDNI STATUS 6

- ☐ Triglyceridi
- ☐ Ukupan holesterol
- ☐ HDL-holesterol
- ☐ LDL-holesterol
- ☐ Lipoprotein(a) *

  dovoljno jednom u životu
- ☐ ApoB

BUBREŽNA FUNKCIJA I PURINI 3

- ☐ Urea
- ☐ Kreatinin
- ☐ Mokraćna kiselina

PROTEINI 2

- ☐ Ukupni proteini
- ☐ Albumin

JETRA 4

- ☐ Ukupan bilirubin
- ☐ ALT (alanin-aminotransferaza)
- ☐ AST (aspartat-aminotransferaza)
- ☐ GGT (gama-glutamil-transferaza)

PANKREAS 1

- ☐ Lipaza

INFLAMACIJA I KARDIOVASKULARNI RIZIK 2

- ☐ hsCRP
- ☐ Homocistein

HEMATOLOGIJA 1

- ☐ Kompletna krvna slika sa leukocitarnom formulom

ŠTITASTA ŽLEZDA 2

- ☐ TSH
- ☐ Slobodni T4 (fT4)

VITAMINI I MINERALI 4

- ☐ Vitamin B12
- ☐ Folna kiselina (folat)
- ☐ Vitamin D (25-OH)
- ☐ Magnezijum

STATUS GVOŽĐA 3

- ☐ Gvožđe
- ☐ TIBC
- ☐ Feritin

SAMO ZA MUŠKARCE 1

- ☐ Ukupan PSA †

* Lipoprotein(a) je dovoljno odrediti jednom u životu — ako ga već imate, ne morate ga ponavljati. † Samo za muškarce.

Priprema: uzorkovanje krvi natašte (12 sati), ujutru; o terapiji i suplementima obavestite laboratoriju. [PLACEHOLDER — potvrditi uputstva za pripremu]

Chigra Panel — laboratory parameter list

33 parameters · results no older than one month

You can take this list to any laboratory. Chigra Bio clients receive a 10% discount at our partner laboratory, DiaLab. The cost of the tests is not included in the package price and is paid to the laboratory.

Name: _____ Date: _____

GLUCOSE REGULATION — 4

- ☐ Glucose
- ☐ HbA1c
- ☐ Insulin
- ☐ HOMA index

LIPID PROFILE — 6

- ☐ Triglycerides
- ☐ Total cholesterol
- ☐ HDL cholesterol
- ☐ LDL cholesterol
- ☐ Lipoprotein(a) *

  once in a lifetime is enough
- ☐ ApoB

KIDNEY FUNCTION & URATE — 3

- ☐ Urea
- ☐ Creatinine
- ☐ Uric acid

PROTEINS — 2

- ☐ Total protein
- ☐ Albumin

LIVER — 4

- ☐ Total bilirubin
- ☐ ALT (alanine aminotransferase)
- ☐ AST (aspartate aminotransferase)
- ☐ GGT (gamma-glutamyl transferase)

PANCREAS — 1

- ☐ Lipase

INFLAMMATION & CARDIOVASCULAR RISK — 2

- ☐ hsCRP
- ☐ Homocysteine

HAEMATOLOGY — 1

- ☐ Full blood count with differential

THYROID — 2

- ☐ TSH
- ☐ Free T4 (fT4)

VITAMINS & MINERALS — 4

- ☐ Vitamin B12
- ☐ Folic acid (folate)
- ☐ Vitamin D (25-OH)
- ☐ Magnesium

IRON STATUS — 3

- ☐ Iron
- ☐ TIBC
- ☐ Ferritin

MEN ONLY — 1

- ☐ Total PSA †

* Lipoprotein(a) only needs to be measured once in a lifetime — if you already have it, there is no need to repeat it. † Men only.

Preparation: fasting blood sample (12 hours), in the morning; tell the laboratory about your medicines and supplements. [PLACEHOLDER — confirm preparation instructions]